

			WEEK 1							WEEK 2			
Mon 12/12	Tues 13/12	Weds 14/12	Thurs 15/12	Fri 16/12	Sat 17/12	Sun 18/12	Mon 19/12	Tues 20/12	Weds 21/12	Thurs 22/12	Fri 23/12	Sat 24/12	Sun 25/12
6am	6am	6am	6am	6am			6am	6am	6am	6am			
RPM	Functional	BodyCombat	BodyPump	BodyPump			RPM	Functional	BodyCombat	BodyPump			
	Strength							Strength					
					8.30am						Open 5am-	Open 8am-	Christmas
					Body Pump						7pm	12pm	
					9.30am	9.30am							Day
					BodyCombat	Yoga					No Class	No Class	61 1
													Closed
12pm	12pm		12pm				12pm	12pm		12pm			1
BodyPump	Yoga		Yoga				BodyPump	Yoga		Yoga			
5.30pm		5.30pm	5.30pm				5.30pm		5.30pm	5.30pm	1		1
BodyPump		RPM	BodyCombat				BodyPump		RPM	BodyCombat			
Bouyrump		KPIVI	BouyCombat				воцугипр		KPIVI	Войусоніває			
	6.30pm	6.30pm	6.30pm					6.30pm			1		
	Yoga	Yoga	Pilates					Yoga					1
	9	. 080						8 -					
11am		10am	9:45am				11am		10am	9:45am			
Aqua Fitness		Aqua Fitness	Aqua Fitness				Aqua Fitness		Aqua Fitness	Aqua Fitness			
			·										
			WEEK 3							WEEK 4			
Mon 26/12	Tues 27/12	Weds 28/12	Thurs 29/12	Fri 30/12	Sat 31/12	Sun 1/1	Mon 2/1	Tues 3/1	Weds 4/1	Thurs 5/1	Fri 6/1	Sat 7/1	Sun 8/1
WIOII 26/12	1003 27/12	6am	6am	6am	30132/12	5uii 1/ 1	101011 2,7 2	6am	6am	6am	6am	5407/1	54.1.0/1
		BodyCombat	BodyPump	RPM				Functional	BodyCombat	BodyPump	RPM		
		200,00111001	2007. 0p					Strength	200,000	Joury, amp			
					1							8.30am	
												BodyPump	
Boxing Day	Open 7am-				Open 8am-	New Year's	Open 7am-						
	1pm				12pm	Day	1pm					9.30am	9.30am Yog
												BodyCombat	
Closed	No Class				No Class	Closed	No Class						
								12pm		12pm			
								Yoga		Yoga			
	1												
					-								
		5.30pm	5.30pm					5.30pm	5.30pm	5.30pm			
		5.30pm RPM	5.30pm BodyCombat					5.30pm LM Core	5.30pm RPM	5.30pm BodyCombat			
		RPM	BodyCombat						RPM	BodyCombat			
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