

													
Reduced KG TT from Mon 12 Dec 2022 to Sun Jan 08 2023													
WEEK 1							WEEK 2						
Mon 12/12	Tues 13/12	Weds 14/12	Thurs 15/12	Fri 16/12	Sat 17/12	Sun 18/12	Mon 19/12	Tues 20/12	Weds 21/12	Thurs 22/12	Fri 23/12	Sat 24/12	Sun 25/12
6am RPM	6am Functional Strength	6am BodyCombat	6am BodyPump	6am BodyPump			6am RPM	6am Functional Strength	6am BodyCombat	6am BodyPump	Open 5am-7pm No Class	Open 8am-12pm No Class	Christmas Day Closed
					8.30am Body Pump								
					9.30am BodyCombat	9.30am Yoga							
12pm BodyPump	12pm Yoga		12pm Yoga				12pm BodyPump	12pm Yoga		12pm Yoga			
5.30pm BodyPump		5.30pm RPM	5.30pm BodyCombat				5.30pm BodyPump		5.30pm RPM	5.30pm BodyCombat			
	6.30pm Yoga	6.30pm Yoga	6.30pm Pilates					6.30pm Yoga					
11am Aqua Fitness		10am Aqua Fitness	9:45am Aqua Fitness				11am Aqua Fitness		10am Aqua Fitness	9:45am Aqua Fitness			
WEEK 3							WEEK 4						
Mon 26/12	Tues 27/12	Weds 28/12	Thurs 29/12	Fri 30/12	Sat 31/12	Sun 1/1	Mon 2/1	Tues 3/1	Weds 4/1	Thurs 5/1	Fri 6/1	Sat 7/1	Sun 8/1
Boxing Day Closed	Open 7am-1pm No Class	6am BodyCombat	6am BodyPump	6am RPM	Open 8am-12pm No Class	New Year's Day Closed	Open 7am-1pm No Class	6am Functional Strength	6am BodyCombat	6am BodyPump	6am RPM		
												8.30am BodyPump	
												9.30am BodyCombat	9.30am Yoga
								12pm Yoga		12pm Yoga			
		5.30pm RPM	5.30pm BodyCombat					5.30pm LM Core	5.30pm RPM	5.30pm BodyCombat			
		No Aqua	9:45am Aqua Fitness						10am Aqua Fitness	9:45am Aqua Fitness			

